

AQUATICS

Splash Play water features are on only during advertised General and Open swim times.

Water Temp is set at 84°



June 21-September 6 | September 4th-12th-Pool Shutdown for scheduled maintenance.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY		
LAP SWIMMING 5:30-7:45 AM LAP POOL	LAP SWIMMING 5:30-9:15 AM LAP POOL	LAP SWIMMING 5:30-7:45 AM LAP POOL	LAP SWIMMING 5:30-9:15 AM LAP POOL	LAP SWIMMING 5:30-7:45 AM LAP POOL	LAP SWIMMING 6:30-8:45 AM LAP POOL		
AQUA ZUMBA® 6:00-6:45 AM SLIDE PIT (P)	PARENT/TOT SWIM LESSONS 8:30-9:00 AM SLIDE PIT	AQUA SAMPLER 6:00-6:45 AM SLIDE PIT (P)	AQUA ZUMBA® 9:00-9:45 AM SLIDE PIT (P)	SILVERSNEAKERS® SPLASH 8:00-8:45 AM LAP POOL (K)	SWIM LESSONS 9:00-11:50 AM LAP POOL & SLIDE PIT		
SILVERSNEAKERS® SPLASH 8:00-8:45 AM LAP POOL (P)		AQUA BARRE 9:00-9:45 AM SLIDE PIT & WINDING RIVER (K)		DEEP WATER AEROBICS 9:00-9:45 AM LAP POOL (K)		DEEP WATER AEROBICS 9:00-9:45 AM LAP POOL (K)	
DEEP WATER AEROBICS 9:00-9:45 AM LAP POOL (K)	AQUA CYCLING 10:00-10:45 AM SLIDE PIT (K)	DEEP WATER AEROBICS 9:00-9:45 AM LAP POOL (K)		AQUA CYCLING 10:00-10:45 AM SLIDE PIT (K)		WATER WORKS 10:00-10:45 AM SLIDE PIT & WINDING RIVER (P)	
SWIM LESSONS 9:30 - 11:45 AM LAP POOL & SLIDE PIT	SWIM LESSONS 9:30 - 11:45 AM LAP POOL & SLIDE PIT	SWIM LESSONS 9:30 - 11:45 AM LAP POOL & SLIDE PIT	SWIM LESSONS LOG ROLLING 9:30 - 11:45 AM LAP POOL & SLIDE PIT	SWIM LESSONS 9:30 - 11:45 AM LAP POOL & SLIDE PIT			
SPLASH PLAY 9:00 AM-1:00 PM SPLASH ZONE	SPLASH PLAY 9:00 AM-1:00 PM SPLASH ZONE	SPLASH PLAY 9:00 AM-1:00 PM SPLASH ZONE	SPLASH PLAY 9:00 AM-1:00 PM SPLASH ZONE	SPLASH PLAY 9:00 AM-1:00 PM SPLASH ZONE		SPLASH PLAY 9:00 AM-12:00 PM SPLASH ZONE	
LAP SWIMMING 11:45 AM-12:55 PM LAP POOL	LAP SWIMMING 11:45 AM-12:55 PM LAP POOL	WATER WORKS 10:00-10:45 AM SLIDE PIT & WINDING RIVER (K)	LAP SWIMMING 11:45 AM-12:55 PM LAP POOL	LAP SWIMMING 11:45 AM-12:55 PM LAP POOL		OPEN SWIM 12:00-5:30 PM ALL AREAS	
JOINT MOVEMENT 12:00-12:45 PM SLIDE PIT & WINDING RIVER (P)		LAP SWIMMING 11:45 AM-12:55 PM LAP POOL					
AQUATIC CENTER CLOSED 1:00-4:00 PM		CAMP ONLY SWIM 1:00-4:00 PM	AQUATIC CENTER CLOSED 1:00-4:00 PM	CAMP ONLY SWIM 1:00-4:00 PM			WATERSLIDE IS OFF 4:00-5:30 PM
SWIM LESSONS 4:00-6:45 PM LAP POOL & SLIDE PIT	SWIM LESSONS LOG ROLLING 4:00-6:45 PM LAP POOL & SLIDE PIT	SWIM LESSONS 4:00-6:45 PM LAP POOL & SLIDE PIT	SWIM LESSONS LOG ROLLING 4:00-6:45 PM LAP POOL & SLIDE PIT	OPEN SWIM 4:00-7:30 PM ALL AREAS			
SPLASH PLAY 4:00-8:30 PM SPLASH ZONE	SPLASH PLAY 4:00-6:45 PM SPLASH ZONE	SPLASH PLAY 4:00-8:30 PM SPLASH ZONE	SPLASH PLAY 4:00-6:45 PM SPLASH ZONE	WATERSLIDE IS OFF 7:00 PM		INSTRUCTORS: (J) JOEL (K) KAREN (P) PAUL	
SWIM TEAM 6:45-8:30 PM LAP POOL LANES 1-4	GENERAL SWIM LAP SWIMMING 6:45-8:00 PM ALL AREAS (LANES 3 & 4 LAP)	SWIM TEAM 6:45-8:30 PM LAP POOL LANES 1-4	GENERAL SWIM LAP SWIMMING 6:45-8:00 PM ALL AREAS (LANES 3 & 4 LAP)				

For a description of Fitness Classes and Open Swimming, visit gbkroccenter.org/aquatics

WINDING RIVER CURRENT ON
M/T/TH: 6:00-8:00 AM &
9:00-11:00 AM
W/F: 6:00-8:00 AM &
9:00-10:00 AM
SAT: 7:00-8:00 AM

Spa Jets are off during Aqua
Sampler Classes.

Splash Play water features are
on only during advertised General
and Open swim times.

Per ATCP 76.23, we are required to have
an additional lifeguard on the pool deck
when the winding river current is turned
on. We have selected the following times
for accommodation. Please note if we are
down a staff member for whatever reason,
the current will be turned off, but the area
will still remain open for use. Thank you!